



LUMINA  
TERRA  
SCHOOL OF NATIONS

# LUMINA TERRA SCHOOL OF NATIONS

Where we follow the child, not the calendar.

# LT WINTER UNSCHOOL

2-10 JANUARY 2026

**Group B: 7-12 years**

# PROGRAM OVERVIEW & REGISTRATION

## LT Winter Unschool

A thoughtfully designed winter program where children explore, move, create, and grow through joyful, hands-on experiences.

Small groups, caring educators, and a child-first approach ensure meaningful learning every day.

**Dates:** 2–10 January 2026

**Time:** 10:00 AM – 1:00 PM

**Venue:** Lumina Terra School of Nations, next to Omaxe Palace, Lucknow

### Program Highlights

Child-led, teacher-guided learning

Daily integration of Social & Emotional Learning (SEL)

Movement, arts, music, logic, and life skills

Small batches for individual attention

### Registration Details

**Program Fee:**

Limited slots.  
Full camp  
₹3,500

Limited seats | Advance registration required

**740 840 5000**

[event@luminaterra.org](mailto:event@luminaterra.org)

[luminaterra.org/event](http://luminaterra.org/event)



# GROUP A PROGRAM

**Group B (7-12 years)**

## LT Rising Masters

A dynamic program that builds focus, discipline, creativity, and leadership through structured experiences.



# LT Dance Foundation

An introduction to Indian classical dance forms.

## Learning Objectives

Develop rhythm, coordination, and body control

Enhance cultural awareness and appreciation

Build confidence in expression and performance

Strengthen memory through movement and sequencing

## Activities Include:

Kathak footwork (Tat Te Thei) and Bharatanatyam adavus

Hand gestures (mudras) and their meanings

Rhythm and taal understanding through claps and counts

Facial expressions (abhinaya) and storytelling through dance

Mini choreography combining movement and expression

## Children Should Bring:

- Notebook to write the beat and taal
- Ghungroo



# LT Precision Sports

## Precision, Balance & Focus Training

Designed to develop calm control, discipline, and body awareness.

## Learning Objectives

Improve concentration, balance, and body discipline

Build patience and emotional control

Enhance hand-eye coordination and precision

Introduce mindfulness and breath awareness

## Activities Include:

One-leg balance holds and line walking

Controlled movement drills for posture and strength

Pre-shooting precision games (rolling & aiming activities)

Magnetic dartboard practice (child-safe)

Guided exposure to shooting concepts under strict supervision

Breathing techniques like box breathing and body scans



# LT Strategy Arena

## Chess & Thinking Skills

Strengthening strategic thinking and patience.

## Learning Objectives

Strengthen strategic and logical thinking

Build patience, foresight, and planning abilities

Enhance decision-making and problem-solving skills

Encourage resilience and learning from mistakes

## Activities Include:

Chess fundamentals and guided play

Strategy-building challenges

Focus and planning games

Decision-making through game situations



# LT Rally & Reflex

## Table Tennis & Coordination

Enhancing agility, reflexes, and sportsmanship.

## Learning Objectives

Improve agility, reflexes, and coordination

Build sportsmanship and respect for rules

Encourage teamwork and healthy competition

Develop quick thinking and reaction skills

## Activities Include:

Hand-eye coordination drills

Reflex and response games

Friendly rallies and matches

Learning rules, discipline, and fair play

## Children Should Bring:

- Table tennis racket



# LT Music Academy

## Instrumental & Vocal Exploration

Developing musical confidence and literacy.

## Learning Objectives

Develop musical literacy and rhythm sense

Build confidence in vocal and instrumental expression

Improve finger strength and coordination

Encourage discipline and practice habits

## Activities Include:

Keyboard finger positioning and patterns

Guitar and ukulele holding and open-string playing

Drum stick grip and basic rhythm hits

Rhythm games like "Copy the Beat" and "Freeze Music"

## Children Should Bring:

- Personal instrument (optional)
- Small notebook



# LT Leader's Compass

## SEL, Leadership & Mindfulness

Preparing children for teamwork and self-management.

### Learning Objectives

Build self-awareness and emotional intelligence

Strengthen leadership and teamwork skills

Encourage responsible decision-making

Develop mindfulness and stress-management strategies

### Activities Include:

Team-building and collaboration games

Communication and goal-setting activities

Mindfulness and reflection practices

Developing self-awareness and empathy



# Sages Advisory Panel





**Jon Corippo**  
Award-winning educator  
and EdTech innovator



**Rickie Dhillon**  
Superintendent/CEO of  
Kepler Neighborhood School  
in Fresno, California



**Aicha Bah Diallo**  
Former Minister of  
Education in Guinea



**Michaël Feneux**  
French artist, builder,  
and innovator specializing  
in zome construction



**Sunita Gandhi**  
Educator, Researcher,  
Author, and Innovator



**Jyotsna Kaur Habibullah**  
Chief Executive Officer at  
Lucknow Farmers Market



**Manish Jain**  
Founder Shikshantar Andolan  
and Swaraj University



**Pirjo Koivula**  
Finnish educator and  
policymaker



**Jayant Krishna**  
CEO & COO of the  
National Skill  
Development Corporation



**Olivier Ledoux**  
French sculptor celebrated  
for his participatory  
approach to art



**Vijay Sinha**  
Founder Skyline  
Architectural Consultants



**Inger Mette Stenseth**  
Norwegian sustainability  
advocate and educator



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# **LUMINA TERRA** SCHOOL OF NATIONS

Where winter becomes a season of  
growth, joy, and discovery.

Currently for 2+ to 12 year-olds  
Upcoming Cambridge/IBDP/CBSE K-12 School

To connect, scan the codes



Next to Omaxe Palace, Opp. Palassio Mall, Lucknow



740 840 5000



[www.luminaterra.org](http://www.luminaterra.org)



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